



# The Club July 2018

22722 Lougheed Hwy, Maple Ridge B.C.



### Hours of Operation:

(unless otherwise noted)

Monday: 9-4  
 Tuesday: 9-4 (bi-weekly)  
 Wednesday: 9-4  
 Thursday: 9-4  
 Friday: 9-4

**Young Adults Program:**  
 Every Tuesday  
 @ 1:00pm  
 (see YA Calendar)

**Phone:** 604-467-0544  
**Fax:** 604-467-0543  
**Web:** www.comservice.bc.ca

**Breakfast Program:**  
 Thursdays (sign up Weds)  
**Lunch Programs:**  
 Mondays & Wednesdays  
**Dinner Program: on hold**

**Training Programs –On Hold**  
 Busy Bee Store will open on the hour

**Member Meetings**  
 July 9th & 23rd @ 10:30am

**OUR NEW ADDRESS is:**

**22722 Lougheed Highway**  
**\*Behind the old Mark's Work Wearhouse**

**Press the buzzer closest to the door to be let in :)**

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**We are still ironing out some details on programming. Please be patient for July as we figure everything out :)**

**Thank you to all our wonderful members that helped with the move!**

Mon	Tue	Wed	Thu	Fri
<b>Garden Watering Volunteers Needed!</b> Pick a morning, water the garden and see it grow!	3 10-11 Computer Literacy 1pm YA Group 1pm Knitting/Crocheting Group	4 <b>9:30 Community Garden</b> 10am Morning Walk 10-11am Computer Literacy	5 10-11am Computer Literacy 2pm Games	6 9:30 Supported Employment <b>9:30 Community Garden</b> 11am Meals on Wheels
<b>9 Member Meeting</b> 9:30 Supported Employment <b>10:30am Member Meeting</b> <b>12pm Free Lunch</b> 1pm Music with Mark 1-2pm Orientations 1pm -Community Garden 3pm Poetry & Song	<b>10</b> 10-11 Computer Literacy 10am SPCA Volunteering <b>10am Lili Mobile w/ Janeen</b> 1pm Knitting/Crocheting Group  <b>Evening Program:</b> <b>3pm BBQ @ Alouette Lake</b>	<b>11</b> <b>9:30 Community Garden</b> 10am Morning Walk 10-11am Computer Literacy <b>12pm Free Lunch</b>	<b>12</b> <b>10am Free Breakfast</b> *Please sign up Wednesday  10-11am Computer Literacy <b>2pm Games</b>	<b>13</b> 9:30 Supported Employment <b>9:30 Community Garden</b> 11am Meals on Wheels 3pm Supported Employment  <b>Club Closed @ 2:30pm Staff Meeting</b>
<b>16</b> 9:30 Supported Employment <b>12pm Free Lunch</b> 1pm Music with Mark 1-2pm Orientations 1pm—Community Garden 3pm Poetry & Song	<b>17</b> 10-11 Computer Literacy 10am SPCA Volunteering 1pm YA Group 1pm Knitting/Crocheting Group	<b>18</b> <b>9:30 Community Garden</b> 10am Morning Walk <b>10:30am Hayward Lake</b> *Bring Bagged Lunch 10-11am Computer Literacy <b>12pm Free Lunch</b>	<b>19</b> <b>10am Free Breakfast</b> *Please sign up Wednesday  10-11am Computer Literacy <b>2pm Games</b>	<b>20</b> 9:30 Supported Employment <b>9:30 Community Garden</b> 11am Meals on Wheels 3pm Supported Employment
<b>23 Member Meeting</b> 9:30 Supported Employment <b>10:30 Rocky Point &amp; Fish n Chips</b>  <b>12pm Free Lunch</b> 1pm Music with Mark 1-2pm Orientations 1pm—Community Garden	10-11 Computer Literacy 10am SPCA Volunteering 1pm YA Group 1pm Knitting/Crocheting Group  <b>Evening Program:</b> <b>3pm BBQ @ Rolley Lake</b>	<b>25</b> <b>9:30 Community Garden</b> 10am Morning Walk 10-11am Computer Literacy <b>12pm Free Lunch</b>	<b>26</b> <b>10am Free Breakfast</b> *Please sign up Wednesday  10-11am Computer Literacy <b>2pm Games</b> <b>Club Closed @ 3pm for Staff Meeting</b>	<b>27</b> 9:30 Supported Employment <b>9:30 Community Garden</b> 11am Meals on Wheels 3pm Supported Employment
<b>30</b> 9:30 Supported Employment <b>12pm Free Lunch</b> 1pm Music with Mark 1-2pm Orientations 1pm—Community Garden 3pm Poetry & Song	<b>31</b> 10-11 Computer Literacy 10am SPCA Volunteering 1pm YA Group 1pm Knitting/Crocheting Group			

**Please Note Changes to the Evening Program.**  
**Open every second Tuesday from 4-6pm :)**

Program Descriptions
<b>Training Programs: On Hold</b>
<b>Computer Literacy:</b> Learn how to use the computer, send email, or upgrade your typing skills. All levels welcome.
<b>Morning Walk: Local Walkabout</b>
<b>SPCA Volunteering:</b> Weekly visits to the SPCA to offer companionship to the cats and kittens. No Dog walking. Space is limited. Sign up only. See Sarah for more details.
<b>Evening Programming: Every second TUESDAY 4-6pm. A variety of outings/BBQ's, and or games/movie nights.</b>
<b>Young Adults Group:</b> A group for those aged 19-30. The YA group runs every Tuesday at 1:00pm.
<b>Member Meetings:</b> Join us on every other Monday @ 10:30am for our member meeting.
<b>Supported Employment:</b> A variety of competitively paid employment opportunities (lawn maintenance, cleaning, odd jobs) with the support of a Clubhouse staff member.
<b>Poetry &amp; Song:</b> A small and creative group sharing their own poetry. New topics each week.
<b>Meals On Wheels:</b> Volunteer program delivering meals to those in our community. See Sarah for more details.
<b>Music with Mark:</b> Come join Mark as he rocks out on his guitar and we sing along! Percussion instruments and guitars available if you want to join in :)
<b>LiLi Mobile Library:</b> Come and join Janeen from the Fraser Valley Regional Library as she shares what's new and exciting at our local library.
<b>Resume Assistance:</b> Need help getting your resume in tip-top shape? By appointment only. See Staff.
<b>Knitting/Crocheting Group:</b> A weekly member-run get together for knitters and crocheters of all levels. Join us as we chat and craft together!