



Maple Ridge/Pitt Meadows
Community Services

Changing Lives Together



Child Care Resource & Referral

**Child Care Resource
& Referral**

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Child Care Resource & Referral Parent Newsletter Spring 2017



Childcarechoices.ca



British Columbia's Online Resource for Child Care Resource and Referral Services

**Child Care Resource & Referral Program
Your Community's BEST Source of
Child Care Information & Resources**

Services for Parents and Families:

- Child Care Information & Referrals
- Child Care Subsidy Information & Application
- Lending Library
- Workshops & Training
- Newsletters

Office Hours:

Monday–Friday
8:30 am- 4:30 pm

We are open late the first
Wednesday of every month
8:30 am - 8:00 pm

Office Closures:

Good Friday: April 14
Easter Monday: April 17
Staff Training: May 16
Victoria Day: May 22

Funded by the
Province of BC





What Your Provider Wants You to Know: But is Afraid to Tell You

Here is an open letter to parents written from the perspective of a daycare provider or preschool teacher.

- I am a professional. I may have chosen this line of work because I love children and I enjoy my job, but this is still my job/business. I have received specialized education and/or training to be a caregiver and educator for young children. I am not a babysitter; I am a professional.
- I am not getting rich. In many places child care workers make less than public sanitation workers, secretaries and other jobs that require a lot less education and experience. I do get paid in smiles, hugs and recognition of appreciation from families.
- I need you to read all material and notices. I am counting on you to know the information I send to you in writing. This includes newsletters, notes and contract material.
- It is important that you communicate with me. Let me know in advance if there will be a change in your child's schedule, or the services you will need.
- If I ask you to bring in supplies for your child, please do. And make sure supplies are replenished as needed. This may include extra clothes, art supplies, diapers etc.
- Remember your child is not the only child in my care. Although I do my best to provide individualized attention at times, I am often unable to change policies or disrupt plans to accommodate the needs of one family.
- Please do not send your child if they are ill. If they are too ill to participate in the day's activities they are too ill to be in care. I need to protect the health of other children as well. If your child is or was ill, please notify me.
- I recognize that you are the most important person in the child's life. I hope that we can work as a partnership for what is best for the child. Please share with me any concerns or questions about your child's care and development. Work with me in helping your child learn, grow and develop.

<http://www.childcarelounge.com/parent-articles/need-to-know.php>



♥ sing and paint and glue.
it's just some of what we do.

Happy Child Care Provider Appreciation Day



Potty Training At Child Care and Preschool

by Danna Henderson

With 61% of children between the ages of birth and 6 years in daycare, it's important that parents work closely with their child's care professional while potty training. When your child is ready for potty training, the right potty training guidance and supplies can make all the difference.

Be sure your child is ready. Before you begin potty training, make sure your child is ready. Your child should show the following signs of potty training readiness:

- Expresses an interest in the potty
- Tries to imitate family members
- Stays dry for two hours
- Express the need to go potty or indicates that he or she just has
- Able to pull pants up and down
- Irritated when diapers are wet
- Expresses interest in cotton underwear
- Has predictable bowel movements on a regular basis
- Diaper stays dry overnight



Introduce potty training. If your child is in daycare, he or she will probably notice that there are other children around who wear cotton underwear and use the potty. This kind of light peer pressure can motivate your child to want to use the potty as well. Start introducing the idea by watching a potty training book or video together. Be sure and tell your child's daycare provider that you are beginning the potty training process. Your child's daycare provider can help by watching for signs of potty training readiness and answering questions from your child.

Set potty training rules. When you begin potty training your child, discuss your plan with your child's daycare worker. This person has probably potty trained many children and may have useful tips and tricks that he or she has found useful. Make sure your potty training methods are similar.

Progress Reports. Speak with the child care provider often to exchange progress reports. Both of you need to be aware of any successes or potential problems. If the daycare worker tells you that your child used the potty earlier that day, be sure and tell your child that that you heard about his or her success and that you are proud of him or her.

Come celebrate with us!

Earthda



BACK TO NATURE

Saturday April 22, 2017 10am-2pm

Memorial Peace Park 224th Street in the heart of Maple Ridge



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DELICATE



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PEACEFUL

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THE NEWS

Ready Set Learn



Ready Set Learn is a free early learning program that welcomes preschoolers (3 and 4 year olds) and their families to School District No. 42 and helps them get ready for success in school.

Children will have opportunities to try play-based early learning activities as well as crafts, songs and story time. The sessions, held at a number of schools across the district, are designed to provide families with guidance and good information about how to support their children's early learning and help them build a positive attitude towards school.

A parent handbook, available at: www.bced.gov.bc.ca/early_learning/rsl/ gives many helpful tips to support child development in these important early years.

Each child who attends will receive a storybook. Parents will receive a folder with helpful tips.

“The family is the nucleus of civilization.”

Registration is required for **ALL** Ready Set Learn events on a first-come, first-served basis. Families are welcome to register for multiple events. See our list of events below.

Register here: <http://www.sd42.ca/rsl-registration>

