



Maple Ridge/Pitt Meadows Community Services



Maple Ridge/Pitt Meadows Child Care Resource & Referral Training Calendar April - June 2017



Funded by the Province of BC

www.comservice.bc.ca

www.ridgemeanowsecd.ca

www.crrr.bc.ca



Workshops and events at a glance ...

April 2017



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Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
						1
2	3	4	5 Late Night & Workshop	6	7	8
9	10	11	12	13	14 Good Friday Office Closed	15
16	17 Easter Monday Office Closed	18	19 Workshop	20	21	22
23 30	24	25	26	27	28	29 First Aid

May 2017



Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1	2	3 Late Night & Workshop	4	5	6 Workshop
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20
21	22 Victoria Day Office Closed	23	24	25	26	27
28	29	30	31 Workshop			

June 2017



Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
				1	2	3
4	5	6	7 Late Night & Workshop	8	9	10
11	12	13	14	15	16	17
18 Father's Day	19	20	21	22	23	24
25	26	27	28	29	30	

Lemon-Buttermilk Pound Cake with Lemon Glaze



Perfect for Easter Dessert!

- Cake:
- 2 1/2 cups white sugar
- 1 1/2 cups butter, softened
- 4 eggs
- 3 1/2 cups all-purpose flour
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 1 cup buttermilk
- 1 teaspoon lemon extract
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- Glaze:
- 2 cups confectioners' sugar
- 1/4 cup lemon juice
- 2 tablespoons butter, softened
- 1 tablespoon lemon zest

Directions

1. Preheat oven to 350 degrees F (175 degrees C). Grease and flour a fluted tube pan (such as Bundt(R)).
2. Beat white sugar and 1 1/2 cups butter together in a bowl with an electric mixer until light and fluffy, about 10 minutes. Add eggs one at a time, thoroughly beating each egg into the butter mixture before adding the next.
3. Sift flour, salt, and baking soda together in a bowl. Add 1/3 of the flour mixture to the butter mixture; mix well. Pour in 1/2 the buttermilk and beat until combined. Repeat adding the remaining flour mixture and buttermilk, beating well after each addition, and ending with the flour mixture. Stir lemon extract into batter. Pour batter into prepared tube pan.
4. Reduce oven temperature to 325 degrees F (165 degrees C).
5. Bake in the oven until a toothpick inserted into the center of the cake comes out clean, 60 to 75 minutes. Cool in the pan for 10 minutes before removing to a cake platter or plate.
6. Beat confectioner's sugar, lemon juice, 2 tablespoons butter, and lemon zest together in a bowl until glaze is smooth. Pour about half the glaze over the cake; let cool. Pour remaining glaze over the cake.

Date: Wednesday April 5th

Time: 7:00-9:00pm

Location:
Rainbow Club
11907 228th Street
Maple Ridge, BC

Little Girls Can Be Mean!

With Lindsay Sealey

Little Girls Can Be Mean.....navigating girlhood is no easy task and girls today face concerning issues at younger and younger ages including: bullying, peer pressure, yo-yo friendships, and, yes, girl meanness!

The Little Girls Can Be Mean Workshop is designed to educate and equip those working with little girls with the necessary tools, techniques, and strategies to help them be aware of “girl meanness” and positive ways of connecting, to teach girls to stand up for themselves, and to guide girls to thrive in social situations with resilience to social cruelty.

Ultimately, we want little girls to feel confident, happy, and empowered in themselves, in relationships, at school, and in life.

The Little Girls Can Be Mean Workshop Breakdown:

- * Girl development and what you may be noticing
- * The good girl vs the mean girl
- * Why are girls mean?
- * What can we do about girl meanness?
- * Nurturing strength and confidence in little girls

Lindsay Sealey, B.A., M.A. Ed is a warm and engaging educator, consultant, presenter, and founder of Bold New Girls – “academic and social/emotional support for young girls and their parents. She is creative and enthusiastic in her multi-media approach to delivering messages of optimism, hope, and inspiration to girls, educators, and parents and care providers. Lindsay’s diverse experiences, insights into girlhood, and her passion for connecting with and empowering audiences radiates as she presents relevant information and practical, actionable guidance. Lindsay is dedicated to both personal and professional growth and to positively shaping and influencing young girls.

Cost:

\$20 per participant

Maximum 30 participants

Pre-registration is required.

Certificate provided



Date: Wednesday April 19th

Time: 7:00-9:00pm

Location:
Rainbow Club
11907 228th Street,
Maple Ridge, BC



Creating Successful Environments
and Engaging Curriculum for Infants
and Toddlers
With Kirsten Bevelander

In the first three years of life children go through the most intensive period of brain development they will ever experience in their lifespan. In order to capitalize on this critical period of development very young children need to be in supportive, nurturing and engaging environments. In this workshop participants explore how to design dynamic and interactive learning environments. Together, we explore beautiful programs and activities created by other educators, share our own success stories and brainstorm new ideas. Participants review the benefits of frequently adapting the environment and materials; how to adjust the flow of the program in response to child needs and learn strategies to re-evaluate their practice.

Kirsten Bevelander is the Provincial Child Care Advisor for the BC Aboriginal Child Care Society (BCACCS). The BCACCS Child Care advisors are part of the CCRR program and visit child care providers and Aboriginal centers around the province providing support through training, advocacy and sharing of resources. Kirsten has worked with children and families for over 25 years, specializing in toddler care, children with additional needs, literacy learning and Aboriginal early child development and care. She is also an instructor for the Burnaby ECE Continuing Education Program.

Cost:

\$20 per participant

Maximum 35 participants

Pre-registration is required

Certificate provided

<p>Date: Wednesday, May 3rd</p> <p>Time: 7:00pm-9:00pm</p> <p>Location: Rainbow Club 11907 228th Street, Maple Ridge</p> 	<p><u>100 Languages of Art Mediums</u> <i>With Kristi Schwandt</i></p> <p>An exploratory and informative workshop on breaking art mediums down to the basics and then looking at extensions based on children’s interests and the project work at hand. We will cover a variety of mediums, how to present them to a young audience and ways to expand their learning & skill building capabilities. Objectives:</p> <ul style="list-style-type: none"> • To explore a large variety of fine arts mediums. • To understand developmentally appropriate ways to introduce and use these with children in a responsive environment. • To discuss art development in children. <p><i>Kristi took Fine Arts upon high school graduation, travelled, worked for airlines and did picture framing before finding the profession of ECE in her late 20's. She learned and practiced responsive curriculum inspired by Reggio Emilia and has never looked back. Recently, she has been working as an ECE Facilitator for the City of Surrey, providing training and support for preschool instructors. Currently she is designing and remodeling City of Surrey preschool environments.</i></p>	<p>Cost:</p> <p>\$20 per participant</p> <p>Minimum 35 participants.</p> <p>Pre-registration is required</p> <p>Certificate provided</p>
<p>Date: Saturday, May 6th</p> <p>Time: 10:00am-2:30pm</p> <p>Location: Rainbow Club 11907 228th Street Maple Ridge</p>	<p><u>Resolving Challenging Issues with Parents</u> <i>With Christine Hibbert, Jericho Kids Club</i></p> <p>Forming good relationships with families is one of the most important elements in meeting the needs of the child. Despite our best efforts, we still encounter issues that challenge those relationships. This workshop aims to look at some of those issues and suggest some general principles that will help guide us toward successful outcomes. This workshop is appropriate for care providers working with school aged children.</p> <p><i>Christine Hibbert is the Executive Director of Jericho Kid's club Child Care Society in Vancouver. She also facilitates and was involved in the development of the "Key Elements of School-Age Care" training course.</i></p>	<p>Cost:</p> <p>\$40 per person</p> <p>Maximum 30 participants</p> <p>Pre-registration is required</p> <p>4.5 Hour Certificate provided</p>

<p>Date: Saturday, April 29, 2017</p> <p>Time: 9:00am-5:30pm</p> <p>Location: Rainbow Club 11907 228th Street, Maple Ridge</p>	<p><u>Emergency Child Care First Aid/CPR</u> <i>With Karen Clark</i></p> <p>This 8-hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There also is a section on child safety. The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use. A certificate from the Academy of Emergency Training will be awarded upon successful completion.</p> <p>Please bring your own refreshments and lunch.</p>	<p>Cost:</p> <p>\$90 per person</p> <p>Minimum 12 participants Maximum 18 participants</p> <p>Pre-registration Required</p>  <p>Certificate Provided</p>
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<p>Date: Wednesday May 31st</p> <p>Time: 7:00-9:00pm</p> <p>Location: Rainbow Club 11907 228th Street, Maple Ridge</p>	<p style="text-align: center;">Kindergarten Readiness <i>With Karen Begley</i></p> <p>In this session, participants will become more confident in how to support their child's transition into Kindergarten. Karen, an experienced Kindergarten teacher, will lead parents and caregivers through a discussion of the different areas of child development and address developmentally appropriate activities that support each area through exploratory participation. Karen will emphasize strategies to support social-emotional development, communication skills, and personal awareness and responsibility, in addition to intellectual development. Participants will leave with a clear understanding of how to help their child feel more capable, confident and comfortable as they begin Kindergarten, as well as specific strategies and activities to help the whole family be ready for this new chapter!</p> <p><i>Karen Begley is an Early Years Consultant and Kindergarten Teacher.</i></p>	<p>Cost:</p> <p>\$20 per participant</p> <p>Maximum 30 participants</p> <p>Pre-registration required</p> <p>Certificate provided</p>
<p>Date: Wednesday, June 7th</p> <p>Time: 7:00-9:00pm</p> <p>Location: Rainbow Club 11907 228th Street Maple Ridge, BC</p>	<p style="text-align: center;"><u>Communicating Through Art</u> <i>With Sue Woodward & Caren Eigenmann</i></p> <p>Whether we are focusing on a science project, a collective community project, or simply through play, art plays an integral role. We will share how to use art organically through a program and how to embed it in the curriculum. We will offer materials to consider using, to open dialogue with children and suggest the possibilities available for considering art as a tool for communicating with children.</p> <p><i>Sue founded Childgarden Preschool in 2007. Sue was awarded the Prime Minister's Award of Excellence in ECE in 2012. Caren began teaching at Childgarden in 2012 and has over 15 years' experience in multiple childcare settings. As teaching and business partners, they continue to inspire each other.</i></p>	<p>Cost:</p> <p>\$20 per person</p> <p>Maximum 25 participants</p> <p>Pre-registration required</p> <p>Certificate provided</p>

WORKSHOP ETIQUETTE, POLICIES & PROCEDURES

- Child care is not available during workshops. With the exception of babies in arms, we ask that you please make other arrangements for your children.
- In consideration of the presenter and participants please arrive on time and remember that cell phones are to be turned off during workshops. Please use the break time to check for messages and return calls, if necessary.
- Please be considerate of others who have paid to hear the presenter speak. Wait until the break or after the class to talk to your neighbours. Anyone who fails to comply with this request may be asked to leave the workshop/event.
- We request that all participants refrain from wearing perfume, cologne and other fragrances, in order to promote a fragrance-free environment.
- Please remember that to reserve a space, payment must be received at the time of registration. Registrations will not be processed unless we have received payment. Payment may be made over the phone if paying by credit card and the amount being charged is a minimum of \$25.00.
- You may mail your workshop selection and payment to:
Maple Ridge/Pitt Meadows CCRR
11907 228th Street
Maple Ridge, B.C. V2X 8G8
- If applicable, receipts & certificates will be distributed at the workshop, however certificates will only be given to those who attend the FULL workshop. This means that if you arrive late or leave early you will not receive a certificate. Certificates are prepared in advance, therefore no adjustments can be made. Further, there will be a \$5.00 charge to replace any lost certificates.
- For all CCRR workshops a 48-hour cancellation policy is in effect. If you need to cancel and do so with the required 48 hour required notice, the workshop fee will be credited towards a future workshop at the CCRR. The credit is valid for one year from the date of the cancelled workshop.
- First - aid courses offered through Vital Link have a different cancellation policy. Please remember that once you have registered there are no refunds or transfers into another class unless written notification is received 72 hours prior to the class.
- Refunds for all other workshops will not be issued.
- If enrollment for any workshop is insufficient, the CCRR reserves the right to cancel or reschedule the class.
- Please remember to call and cancel if you are unable to attend, as we often have waiting lists of others who want to attend if a space becomes available.
- Most of all – enjoy the workshop!

Learning is a treasure that will follow its owner everywhere. ~ Chinese Proverb



Maple Ridge/Pitt Meadows CCRR Professional Development Registration Form
(please print neatly)

Child Care Facility: _____

Name: _____

Address: _____

Postal Code: _____ Phone #: _____

Email Address: _____

Facility Type (i.e. LF, LG)	Date	Topic	Cost	# of participants	Total Cost	First & Last Names of Participants

Cheque included _____ Payment amount: \$ _____
 (payment can also be made using Visa or MasterCard if the payment is for a minimum of \$25.00)

Please drop off or mail your payment to the:
Child Care Resource & Referral Program
11907 228th Street,
Maple Ridge, B.C. V2X 8G8